# RADIUS MAIL (

Providing our tenants up-to-date news & advice

**ISSUE NO. 027** 

FEBRUARY 2023





### **REDUCING JUNK & SPAM MAIL**

For many of our tenants, junk mail can be a real nuisance, and is also bad for the environment. Equally spam emails can be a minefield of potential scams. Here we offer some advice on how to reduce these unwanted communications.

#### Junk Mail

### Contact Royal Mail and ask them to stop delivering leaflets and brochures to your address.

Ask your Scheme Coordinator to download the "Royal Mail Door to Door Opt out form". You will need to fill it in and send it to the address on the form, or you can email optout@royalmail.com

Register with the 'Your Choice' scheme

Registering with the Direct Marketing Association's 'Your Choice' scheme will help reduce the amount of marketing junk mail you get. Contact DMA and ask them to send you an opt out form.

**Direct Marketing Association** 

**DMA House** 

70 Margaret Street

London W1W 8SS

Telephone: 020 7291 3300\*

Email: yourchoice@dma.org.uk

(\*Calls usually cost up to 55p a minute from mobiles and up to 13p a minute from landlines.)

#### Spam Emails

If you see any spam that makes it through to your Inbox, be sure to mark it as Spam or Junk.

You can usually also block specific email addresses or email domains (the part of the address after the @).

Remember that the filter isn't perfect, so you'll also want to occasionally check your Spam or Junk folders to make sure any legit, non-spam email didn't end up in there.

### Consider who you share your email address with.

When a website asks for your email address, pause and consider whether you want to share this information. Different websites handle your privacy differently. Some will share or sell your information, while others will only use it for limited reasons.

#### Unsubscribe from unwanted emails.

Many popular email providers have features that help you unsubscribe from email lists.

### Watch out for check boxes that are already selected.

When you shop online, companies sometimes add a check box that is already selected, which indicates that it is fine with you if the company sells or gives your e-mail address to other businesses (or "third parties"). Clear this check box so that your e-mail address is not shared.

### What's Happening?

### AREA PANEL MEETINGS DATES FOR THE DIARY

27th April

11am hybrid & 7pm Zoom only

27th July

11am hybrid & 7pm Zoom only

26th October

11am hybrid & 7pm zoom only

### Mrs Betty Greene from Quoile Fold in Downpatrick celebrated her 100th Birthday on Friday 6th January!



Betty received her telegram from King Charles and celebrated her Birthday in Quoile Fold with the other tenants.

Pictured are: (L-R) Colin Greene (son), Betty Greene and Carmel Greene (Bettys sister-in-law)

### **AIR AMBULANCE**

Alice Kelly of Blaris Fold, Lisburn, made shopping bags from material, knitted baby cardigans, blankets and teddy bears. Alice also baked shortbread and traybakes and had a sale at Coffee Morning today, donating the £178 proceeds to Air Ambulance.

Want to be in our next newsletter?

Please speak to your Scheme Coordinator, Housing Officer or email us at: tenant.engagement@radiushousing.org

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Radius

### PROTECT YOURSELF ONLINE



With so much of our lives moving away from in-person to remote, digital and online interactions, we must all take steps to reduce the risk of becoming a victim of fraud.

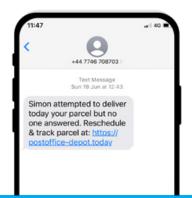
#### **POST OFFICE / ROYAL MAIL TEXT SCAM**

### What's the scam?

A text message comes in telling you that they have tried to deliver a parcel but you weren't in & it will give you a link to the scammers website that is set up to look like Royal Mail / Post Office etc. They will then ask you to put in your home address details & maybe ask for a small payment to release the parcel. They then can have all the information they need to fraudulently use your credit card.

### How to avoid the scam?

Don't follow the link & enter anything. Post office / Royal Mail will always leave a card through your door & if there is postage to pay, you have to do it at the post office NOT online.



#### BANKING/CREDIT CARD SCAMS

Your bank will not make unsolicited calls to you. All banks are clear on this point, and so if someone is calling you and claiming to be calling from your bank, you should be suspicious.

If you're at all in doubt, hang up and call the official number you have for your bank and ask if they tried to contact you.

#### Safe Online Banking:

Keep your log-in details to yourself.

Avoid publicly available computers and Open Wi-Fi networks.

Log off when you finish your online session.

#### Your bank will NEVER ask you to:

Reveal PINs, the numbers from your debit or credit card, online banking logon details or passwords over the phone, via email or text.

Share your computer screen, especially while you're logged on to online banking.

Move money to another account for security purposes.

#### **WEBSITE SCAMS AND FAKES**

Watch out for too good to be true bargains - particularly those bearing cut-price gifts.

Sellers who want you to pay by account transfer.

As with many scams, don't click on links from unsolicited emails. Instead find the company's official website if you're genuinely interested in a deal.

### IT ONLY TAKES A MOMENT TO PREVENT FRAUD

**Stop:** Taking a moment to stop and think before parting with your money or other sensitive information could keep you safe.

**Challenge:** Could it be fake? It's ok to reject, refuse or ignore any requests. Only criminals will try to rush or panic you.

**Protect:** Contact your bank immediately if you think you've fallen for a scam and report it to Action Fraud.

If you suspect or have been a victim contact your bank immediately.

You can also call PSNI 101 and the Action Fraud helpline on 0300 123 2040 or visit actionfraud.police.uk

### **LEARNING SESSION**

### STAY SAFE ON YOUR DIGITAL DECVICES!

We are hosting a Zoom session on Thursday 2nd February at 11am

We will be covering:

- Recognising Scams
- Online Banking
- Staying safe on your mobile phone
  AND MUCH MORE!

To register your attendance, please speak to your Scheme Coordinatori or email: tenant.engagement@radiushousing.org

#### BECOME A DIGITAL CHAMPION AND GIVE OTHERS THE CONFIDENCE TO USE DIGITAL DEVICES AND STAY SAFE ONLINE.

To find out more information or to become a volunteer Digital Champion, please contact Tenant Engagement or register your interest online at https://form.jotform.com/230024431101028





Providing advice, support and advocacy on all aspects of benefit entitlement.

Radius Welfare Advice Officers are on hand to support and assist you with:

- Benefits
- Universal Credit
- Budgeting

Get in touch with your Scheme Coordinator or Housing Officer if you would like a referral.



www.tinyurl.com/RadRepairs or email:

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responserepairs@radiushousing.org



Don't forget...

AIR AMBULANCE
NORTHERN IRELAND
WHICHARITY
CHARITY

Help Air Ambulance NI, who require £5500 per day to sustain their great service!

repair while our offices are closed, call us on 028 9042 1010